## Congregation Ahavath Achim

An Affiliate Of The United Synagogue Of Conservative Judaism 🇚 US

7 IYAR - 8 SIVAN 5780

3501 SOUTH DONNYBROOK, TYLER, TEXAS 75701

MAY 2020

## From the Desk of the Rabbi

## Are You Spiritually Charged?

What spiritually recharges you? When you ask the average Jewish person what spiritually recharges them, you may get a multitude of answers. Those answers may range from services on Shabbat, a holiday such as Rosh Hashanah or Yom Kippur, a Passover Seder, studying with the Rabbi and other fellow Jews, or communing with Hashem in your own special way. Maybe it only takes one or two of these things to spiritually recharge us or maybe it takes all of them and more. In the challenging time we are currently living in where social distancing has certainly separated us physically from each other, I certainly do not imply that these above things are the only thing that can connect us to Hashem to allow us to be spiritually recharged, but they are just a few of the good avenues to accomplish that goal.

In this period of time between Passover and Shavuot, one should attempt to spiritually recharge themselves and be prepared just like our ancestors were when receiving the Torah at Sinai some 3500 years ago by reexamining the words of our torah: "Only guard yourself and guard your soul greatly lest you forget the things that your eyes have seen and lest they move from your heart all the days of your life; and you will make them known to your children and to your children's children, the day you stood before Hashem your G-d at Chorev..." (Devarim 4:9-10)

The Ramban counts these verses of the Torah as one of the 613 Mitzvot: a prohibition against forgetting the Sinai experience. Even those authorities who do not count this as a separate mitzvah recognize that we are obligated to remember this event. There are two components to this command: a) teaching Torah to one's children – "And you will make it known to your children and to your children's children;" and b) actually remembering the event itself. It is therefore very important to examine and analyze what exactly took place at Sinai and how Am Yisrael received the Torah, especially as we continue to count the Omer and approach the festival of Shavuot commemorating the giving of the Torah.

If we examine the events at Sinai, we see where this event turned out to be very complex. On the verse, "And you shall ascend, and Aaron with you, and the Kohanim and the nation shall not break through to ascend to the L-d" (Shemot 19:24), Rashi offers this perspective in his commentary: "Lest we understand this as meaning that Aaron and the Kohanim too should ascend with him, the Torah teaches, 'You (singular) shall ascend.' Thus, the verse means that you may ascend to one boundary, and Aaron to another, and the others to a third; i.e., Moses could approach nearer than Aaron, and Aaron could approach nearer than the Kohanim, and the nation could not ascend at all."

From this perspective by *Rashi*, everyone experienced the revelation from a different place, and had a different point of view. How much does this concept parallel how Jewish people today view their level of observance? How can we all be spiritually charged on the same level if from the beginning of the formation of our religion at Sinai, we did not experience the spiritual connection on an equal footing with individuals such as Moses and Aaron or even the Kohanim?

How long did the revelation last for our ancestors at Sinai compared to an individual such as Moses? From the point of view of Am Yisrael it lasted only one day, while from Moses' perspective it lasted for forty days. Could this be the reason that Aaron did not have the strength to hold the people together while Moses was away up on Har Sinai? Did Aaron and some of Am Yisrael not spiritually recharge enough at the revelation to stay the course till Moses came back with the Torah? After all, are 40 days and nights a long time in anyone's life compared to eternity or even just a normal life span?

#### **CONTINUED ON PAGE 3**

## **Co-President's Message**

Dear Congregants and Friends:

Each year, Pesach reminds us of Hashem's eternal promise, shield and strength, lovingly protecting the emerging Hebrew nation in the beginning and, subsequently, the Jewish people to this very day. This year, the story of Pesach was especially meaningful to me in the midst of the terrible plague sweeping the globe, threatening not only our lives, but also the very existence of our vibrant nation's economic foundation.

How was Pesach especially meaningful to me this year as Fran and I celebrated alone in our home? I found comfort in my faith that this will pass and we will emerge from this frightening nightmare to be stronger, wiser, and, hopefully, more appreciative and observant. In some ways, perhaps many ways, some of us, perhaps many of us, will experience deep sadness and anxiety, perhaps even personal tragedy. Yet, together we stand as one people, shouldering our collective and individual burdens together as one united people – the Jewish people.

Throughout the 40-year trek of the young Hebrew nation, the tumultuous years of the Temple history and beyond, including the twentieth century holocaust, the Jewish people, standing as one spiritual entity, have overcome every difficulty encountered, sometimes reluctantly, but always with the unerring love of Hashem. Emerging on the other side to flourish from fragile remaining twigs scattered across the Diaspora, we have triumphed together, shining with strength, creativity, knowledge and opportunity. Together, we overcome as one and carry the torch for all.

We will overcome this difficulty and will meet again one bright Shabbat morning in the warm sanctuary of our beloved synagogue. On that day, my appreciation and love for my congregation and my synagogue will be deeper and more meaningful than ever before.

May Hashem keep, protect and bless you, your loved ones and your friends; and may Hashem look across all the people of the world with compassion, mercy and an open heart for those who embrace kindness and love for all people.

Tim Birmingham CAA Co-President 2020

We are working on an infection control plan that will enable us to set some goals, but there is no confident date of reopening yet.

That said, we are considering the data, recommendations and numerous other considerations (e.g., feasible extent of services, physical distancing, janitorial cleaning, TPD security, phased return, etc.).

Please rest assured, the entire Board will have some recommendations for consideration in the near future. It is hoped that the recommendations will give us something more concrete to look at in the way of feasible reopening of some activities. Our priority will be resuming Shabbat morning services, in this new age of social distancing.

Best regards and please know that we are working on it with the necessary safety and health of our congregation as the priority.

Shalom,

Tim Birmingham and Ruth Elmakiss

Please check your email frequently as updated information and items of interest will be sent often.

## RABBI'S MESSAGE

What do congregations do today if they lose their Rabbi, find another religion, or find another Rabbi? Think of how much we have grown spiritually since Sinai! The question remains in how much spiritual recharging is required to stay connected to Hashem? The answer is that it is at different levels for everyone since no two people are the same. This is explained by another teaching offered by the *Ramban* which is: "*that Am Yisrael heard and comprehended directly from Hashem only the first two of the Ten Commandments and they heard the rest from Hashem but did not comprehend, and they only understood the remainder of the Decalogue after Moses had translated it for them" which some Rabbinic scholars offer explanations on why there is the difference between the Ten Commandments found in Shemot and Devarim.* 

The Rambam offers this perspective: "that the experience of the revelation at Sinai was not just necessarily to teach specific laws to Am Yisrael, but to visually validate Hashem's promise to our Patriarchs and establish Moses in three roles as teacher, leader and Prophet." If we as Jews today wish to understand and remember this experience for the purpose of spiritually recharging ourselves, we shall need to clarify the manner in which Moses received the Torah so we may have a greater understanding on how we should receive it today in our lives. An examination of the event from the perspective of Am Yisrael and Moses provides a partial understanding.

One thing we can learn from Moses is that effort and initiative are needed in order to acquire the Torah. There is a beautiful Midrash story which teaches that the verse in Tehillim (68:19), "You ascended on high and captured a captive," refers to Moses and the Torah. The verse teaches that he ascended to heaven and captured the Torah by force, after doing battle with the angels much like our Patriarch Jacob who struggled with the forces of Heaven for his true blessing. The Gemara (Shabbat 88b-89a) describes this battle and the argument between Moses and the angels, who refused to give the Torah to a mere mortal. Moses therefore needed to approach with effort and initiative in order to receive the Torah.

When Bnei Yisrael reached Har Sinai we are immediately told, "And Moses ascended to G-d" (Shemot 19:3) – G-d did not call him; he ascended of his own initiative. However, this is not the entire story. In Parsha Beha'alotecha, we read of how Miriam spoke badly of her brother, Moses. In the middle of the story we are told, "And the man Moses was extremely humble, more than any person on the face of the earth" (Bamidbar 12:3). What place does this verse have here? We may say that this explains why Moses did not answer Miriam's accusations, but it seems more reasonable that this verse explains Hashem's words later on regarding the difference between Moses and other prophets.

Moses reached such a high level of spiritual awareness and a greater level of prophecy thanks to his trait of humility. The Midrash (Shemot Rabbah 41:6) furthermore teaches: "All forty days that Moses spent on high, he learned Torah and then forgot. He said, 'Master of the Universe, I have been here for forty days and I know nothing.' What did the Holy One do? Once he had completed forty days, He gave him the Torah as a gift, as it is written, 'And He gave it to Moses.'"

Moses' determination to acquire the Torah was not enough for him to be able to learn it by memory and because of his daily zeal to learn it Hashem had to give the Torah to him as a gift. In order to receive the Torah, we must feel that same humility and self-effacement before Hashem; we must approach as lowly people who are sustained by Hashem's gift of the Torah. At Pesach we should strip ourselves of our arrogance, our puffed up concepts of being superior and realize that the verse from Tehillim quoted above refers to not only Moses, but to us as well and likewise concludes with the words, "You have taken GIFTS for man."

As we count these days up until Shavuot and hopefully be able to come together as a Congregation soon, may we all work on bringing our lives to a new level of understanding on how we are not to just receive this *Gift* from Hashem, but to treasure it and hold on to it. May this time between Pesach and Shavuot offer the chance to spiritually recharge you to a higher level and may the Torah everyday of your life be a gift that you personally feel comes from Hashem just as it did for Moses and our people 3500 years ago.

With Torah Blessings, Rabbi

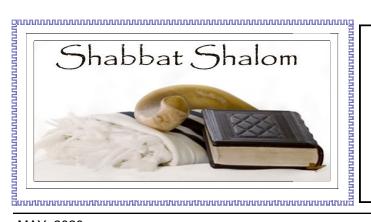




## **<u>MAY SCHEDULE OF READINGS</u>** Triennial Readings/Holiday Readings



Friday Saturday	May May		Evening Morning Torah Reading Haftorah	ACHREI MOT-KEDOSHIM Leviticus 16:1 - 17:7 Amos 9:7 - 15
Friday Saturday	May May		Evening Morning Torah Reading Haftorah	<b>EMOR</b> Leviticus 21:1 - 22:16 Ezekiel 44:15 - 31
Friday Saturday	May May		Evening Morning Torah Reading Haftorah	<b>BEHAR-BECKHUKOTAI</b> Leviticus 25:1 - 25:38 Jeremiah 16:19 - 17:14
Friday Saturday	May May		Evening Morning Torah Reading Haftorah	Shabbat Machar Kodesh <b>BAMIDBAR</b> Numbers 1:1 - 1:54 I Samuel 20:18 - 42
Thursday Friday	May May		Evening Morning Torah Reading Maftir Evening	EREV SHAVUOT <b>1ST DAY SHAVUOT</b> Exodus 19:1 - 20:23 Numbers 28:26 - 31
Saturday	May	30	Morning	<b>2ND DAY SHAVUOT</b>
			Torah Reading Maftir Haftorah	Deuteronomy 14:22 - 16:17 Numbers 28:26 - 31 Habuakuk 3:1 - 19



**BULLETIN DEADLINE: MAY 18** for **Bulletin** Submit articles to: caasecretary(a) suddenlinkmail.com Thank you !

MAY BOARD MEETING Will he held but date and location is to be determined. If you have an item for the agenda, please call or e-mail Ruth Elmakiss or Tim Birmingham

2	H
	_
<	4
F	1
F	7

κ.

Saturday 2 §8:51PM PARSHA: ACHREI MOT- KEDOSHIM	8 lyar/23 L'Omer 9 §8:56PM PARSHA: EMOR	15 lyar/30 L'Omer 16 \$9:01PM PARSHA: BEHAR- BECKHUKOTAI	ar/36 L'Omer 22 Iyar/37 L'Omer §9:05PM/ij8:02PM 23 §9:06PM Yerushalayim PARSHA: BAMIDBAR	29 lyar/44 L'Omer 30 \$9:10PM Shavuot II (Yizkor) PARSHA: 2ND DAY SHAVUOT	7 Sivan	
	7 <i>Iyar/22</i> L'Omer 8 \$8:55PM/ij7:52PM 9 Pesach Sheini PJ	14 lyar/29 L'Omer 15 ii7:57PM	21 Iyar/36 L'Omer \$9:05PM/ij8:02PM Yom Yerushalayim	28 lyar/43 L'Omer §9:09PM/ij8:06PM Shavuot	6 Sivan	1000
, nursday	3	13 lyar/28 L'Omer	20 lyar/35 L'Omer	27 Iyar/42 L'Omer 28 ij8:06PM 29 Erev Shavuot	5 Sivan/49 L'Omer	S
weanesaay	ω	12 Iyar/27 L'Omer 13	19 Iyar/34 L'Omer 20	26 Iyar/41 L'Omer 27	4 Sivan/48 L'Omer	
Iuesday	ى	11 Iyar/26 L'Omer 38:58PM Lag B'Omer	18 Iyar/33 L'Omer 19	25 Iyar/40 L'Omer 26	3 Sivan/47 L'Omer	
молаау	4	10 Iyar/25 L'Omer 11	17 lyar/32 L'Omer 18	24 Iyar/39 L'Omer 25	2 Sivan/46 L'Omer	
Sunday		9 Iyar/24 L'Omer	16 Iyar/31 L'Omer	23 Iyar/38 L'Omer Rosh Hodesh	1 Sivan/45 L'Omer	8 Sivan
	ε	10	17	24	31	

Congratulations to Rachel Elmakiss Upon her Graduation from Hendrix College Ms. Elmakiss received her Bachelor of Arts Degree in Anthropology





6

## **BLUEBERRY BLINTZES**

For the blintzes: 3 eggs 1 cup milk ½ cup water 1 cup all-purpose flour unsalted butter, for frying sour cream, for serving

For the blueberry filling: 2 pints blueberries ½ Tbsp. all-purpose flour 1-2 Tbsp. granulated sugar 2 tsp. lemon zest lemon juice (about 1 tsp.)



Blitz all the blintz ingredients in a blender (consistency of the batter should be smooth with no lumps).

Heat a nonstick skillet on medium heat until hot, and lightly grease with butter.

Pour about 1/8 cup (or 2 Tbsp.) batter into the pan and tilt the pan in a circular motion until the batter coats the entire bottom of the pan in a large, thin circular shape.

Cook 60-75 seconds until the edges of the blintz are brown and the bottom is lightly golden. (You can tell it's ready by touching the center of the pancake's surface — it should be dry and slightly tacky to the touch.) Do not flip the blintz to cook the other side.

Place the blintz on a plate lined with parchment or wax paper. Repeat the process until all batter is cooked — this should yield around 18 blintzes. (Keep the blintzes separated by pieces of parchment paper, wax paper, or paper towel. This will help keep them from sticking together.)

Combine all ingredients for the blueberry filling.

To wrap blintzes, place 1 Tbsp. blueberry filling just off center.

Fold the top down and the sides up over the filling, then roll down to the bottom (because the blueberries are lumpy, go slow and try and to stretch the dough over them without tearing it).

You can either serve the blintzes at this point or freeze them for later use. When you're ready to eat them, fry them on all sides in butter in a nonstick pan until golden. Serve with sour cream.

\*\* Yes, you can substitute other seasonal berries or fruit!





## тодан каван



Brunches scheduled and paid for the month of May will be rescheduled as soon as services resume. Leanne will be in contact with sponsors to chose new dates to reschedule the brunches. Thank you for your support of our brunches!

## May Celebrations <u>Anniversaries</u>

- 3 Kesleigh & William Terry
- 5 Debbie & Steve Roosth
- 16 Dee & Chuck Wapner
- 22 Debbie & Dr. Jon Markowitz
- 27 Mona & Dr. Steve Karten
- 30 Joanne & Dr. Arthur Frank



## May Celebrations <u>Birthdays</u>

- 2 Robert (Bob) T. Yates Carly Maia Karten
- 5 Adira Liat Clark Fred Schumer Caryn Jill Green
- 10 Dr. Joseph Roosth Elaina Rey Ellen Roosth Hannah Diane Roosth
  - Elinor Roosth
- 11 Lev Stenigart
- 14 Toni Roosth
- 15 Sara Tobes Sam Learner
- 17 Adrienne Taxon Indianer
- 18 Vivian Schumer
- 19 Ellen Learner Gabriel Moyal
- 23 Mona Green Karten
- 27 Gamaliel Escamilla-Perez
- 30 Sam Roosth

#### CONGREGATION AHAVATH ACHIM DONATION FORM - Thank You For Your Donation!!!!!! Please use this form to make your donations and send to: Congregation Ahavath Achim 3501 South Donnybrook, Tyler, TX 75701 INDICATE THE FUND OF YOUR CHOICE BELOW AND IN THE MEMO AREA OF YOUR CHECK. Thank you for printing!!! MINIMUM DONATION \$5 PER REMEMBRANCE. Attached is my check in the amount of \$ Breakfast Fund ........... Maintenance Fund This donation is being made: IN HONOR / MEMORY / OTHER OF: Hebrew School Fund Adult Education Fund Send acknowledgment to: Safety Fund Name General Fund City/State/Zip Address Rabbinic Fund IN HONOR / MEMORY / OTHER OF: Book Fund THE FUNDS BELOW REQUIRE A SEPARATE CHECK Send acknowledgment to: Name Sylvan Mellinger Maintenance Fund Address City/State/Zip ..... Rabbi Discretionary Fund This donation is made by:

Name\_\_\_\_\_ Address

Sisterhood Flower Fund - CAA SISTERHOOD

## Yahrzeits

Jacob Fridkin

MAY 22 - MAY 28

23

<u>MAY 1</u>	- MAY 7
1	Otto Hellfer
	Eva Offricht
5	Max Chodorow
	Sarah Golenternek
6	Celia Roosth
	Joe Roth
7	Fannie Greenwald
<u>MAY 8</u>	<u>- MAY 14</u>
8	Charles Greenwald
9	Dr. Hyman P. Roosth
10	Goodman M. Irving
	Abraham Offrict
11	William Kelfer
	Rebecca Tuck
12	Simcha Bigus
	Leibel Bigus
	Moshe Bigus
	Chanah Bigus
	Malkah Bigus
	Aaron Bigus
	Avram Bigus
	Ester Bigus
	David Bigus
	Yaakov Mordechai Bigus
	Pinchas Bigus
	Rae Forman
	Ruth Mastbaum
	Haim Mastbaum
	Nathan Mastbaum
	Aaron Mastbaum
	Hillary Mastbaum
	Jacob Mastbaum
	<u>5 - MAY 21</u> Mishael Sehumer
19	Michael Schumer
20	Rosa Krumholtz
21	Paul Forchheimer
	Louis Glasser

25	Mollie Sherman
	Bessie Spero
24	David Gross
25	Thelma Sobel
26	Sam Gross
27	Sadie (Babe) Weintraub
	Tanchum Meir Roosth
	Myer Kline
MAY	<u> 29 - JUNE 4</u>
29	Florence Strum
30	Isadore Mellinger
31	Freida Schumer
1	Henry Berry
	Doris Ginsberg Diamond
3 4	Sadie Wapner
4	George Vainer
	Isaac Benedict Heffler
	<u>5 - JUNE 11</u>
5	Feiga Ginsberg
	Israel Sutton
8	Louis Sherman
9	James Harold Hill
10	Harry P. Goldberg
11	Samuel Cohn
	<u>12 - JUNE 18</u>
13	Rose Rudman
14	Dorothy Cohen Smith
16	Etta Golenternek Gross
	Thomas Werbner
17	Robert Muntz
	Sam Sable
	Bill Werbner
18	Sol Ginsberg

## 19 h 20 ss 21 22 24 25 27 30



#### JUNE 19 - JUNE 25

- 19 Eugenia Levite
- 22 Herman Jay Shafts
- 24 Frances Fridkin
- 25 Fannie Mosier
- JUNE 26 JULY 2 26
  - Nora Modisett
- 1 Arnette Sutton 2 Bella Rosenberg
- Berma Dean Levine

### JULY 3 - JULY 9

- Ida Kessler 3
- 4 Harold Samuel Sulsky Rabbi Kalman B. Taxon Svlvia Wolf
- 7 Nathan Harold Roosth
- Bernard Krasner 8

## **JULY 10 - JULY 16**

- **Rachel Krasner** 11
- 12 Tillie Falk
- Sandra Greenberg Sharpe 14 Abe Laves
- Rena Tobes
- 15 David Edward Berlin **Rose Kapner**
- Bessie Luskey Krasner
- JULY 17 JULY 23
- Rose Greenwald Ester Levine
- Rhonda Jackson David Abramsky
- Marvin Miller
- Isadore Roosth
- Harry Block

#### Lillian Roberts **JULY 24 - JULY 30**

- Merrill Cason
- Morris Rosenberg
- Marvin Waghalter Aleck S. Geneco
- David Levy
- Sam M. Cohen Rebecca Lulky

# May Their Memory Be For A Blessing

Congregation Ahavath Achim 3501 S, Donnybrook Ave. Tyler, TX 75701	Office Hours       For Secretary       Monday-Friday       10:30 A.M4:30 P.M.       For Rappy Learning
<ul> <li>(903) 561-4284</li> <li>(903) 561-5040 FAX</li> <li>rabbialan@suddenlinkmail.com</li> <li>caasecretary@suddenlinkmail.com</li> <li>caatylertx.org</li> </ul> If you are moving or changing an email ad Please let us know so we can stay in to Call (903) 561-4284, email: <ul> <li>caasecretary@suddenlinkmail.co</li> <li>Or write to: CAA 3501 S. Donnybrook</li> </ul>	m (refy). Pursuant to Section 30.07, Penal Code (trespass by license holder with an openly carried handgun), a person licensed un- der Subchapter H, Chapter 411, Government Code (handgun li-
Tyler, TX 75701 <b>Remember A Loved One</b> Memorial Plaque Order Form Honor your departed loved ones with a fitting remembrance. <b>ORDERED BY:</b> Name:	<ul> <li>property with a handgun that is carried openly.</li> <li>SISTERHOOD FLOWER FUND Interested in ordering flowers for the Bimah?</li> <li>Contact Charlene Goodman 903-894-7488</li> <li>After you order, send your check, made out to: Congregation Ahavath Achim Sisterhood to The Suppose</li> </ul>
Address:	placement on the tree. You may choose the placement of your leaf. Please consider these things when you are placing an order. If you are interested in a leaf, please contact Leanne the secretaryand I will be more than happy to help you! Thank you, Leanne